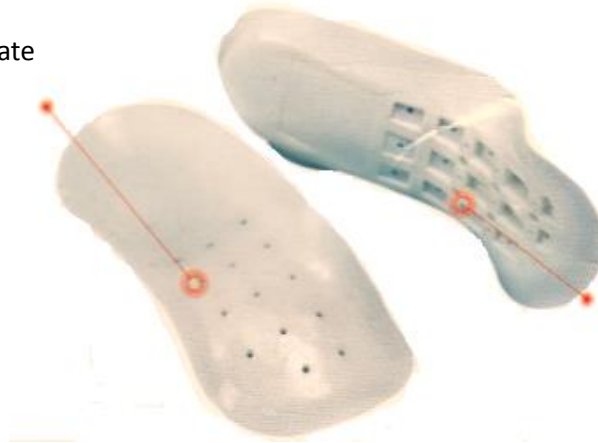


Specially designed air vents

help air to circulate
under your feet



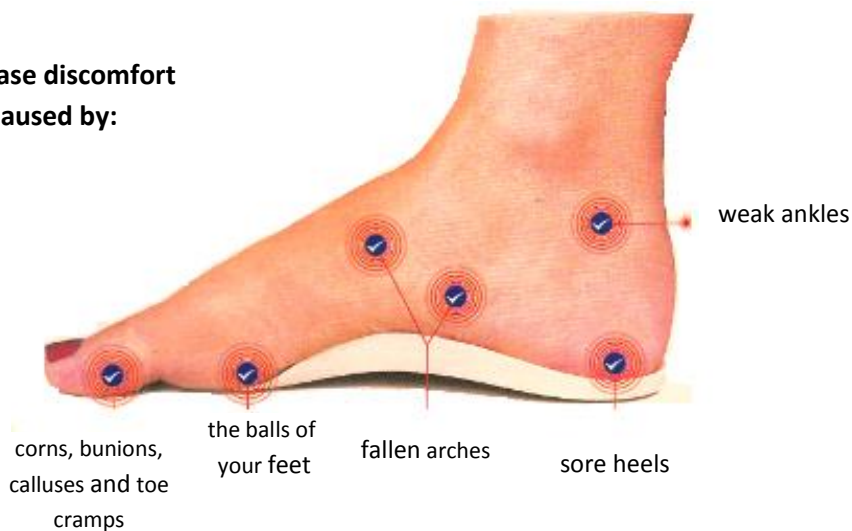
Shock absorbing
underside for
maximum comfort

Improved comfort when standing, walking or running. Experience a noticeable increase in foot support and comfort.

Your feet are the foundation of your entire body. If you are out of alignment, your whole body can suffer – the ankles weaken, the knees bend inwards, the hips drop and the back tries to compensate, straining muscles from the lower back to the shoulder.

Orthotic insoles are professionally designed to support and provide added comfort for the heel, ball and arch of your foot, and helping to alleviate problems by placing the feet in proper alignment with your knees, hips and spine. By supporting your arch and properly aligning your feet and ankles the insoles can help put your body in better balance when you walk. Lightweight, flexible and vented for comfort with shock absorbing underside for maximum comfort.

Can ease discomfort caused by:



USER INSTRUCTIONS:

Orthotic insoles come in two sizes.

Men size fits shoe size 6 – 12.

Women size fits shoe size 5 – 11.

All you have to do is slip them into any pair of shoes, trainers, work shoes or boots.

WARNINGS / CAUTIONS:

You are forcing your feet into the necessary repositioning to get them properly aligned. Initially, this may be uncomfortable after a few hours of wearing, so please be patient. Wear them as long as you can and do not be surprised if you can only wear them comfortably part of the day.

CLEANING INSTRUCTIONS:

- Wipe clean with a damp cloth.

DISPOSAL:

- Dispose of all packaging, paper, cartons and plastic, plastic bags in accordance with your local recycling regulations.
- At the end of the product's lifespan please dispose of it at an authorised household waste recycling centre.