



1

Open Handles

Grab both handles firmly



2

Lean forward

Stabilise yourself with the dual handle design



3

Push yourself up

Grip handles and push yourself up



LED light



Foam Handles



Height adjustable

Max vertical load: 100kg

Instructions

Using your cane properly

Using your cane properly will increase stability and balance while walking and standing. You should use your cane on the opposite side of your injury or weakness, regardless of which hand is your dominant one. Put all your weight on your stronger leg, then step with your injured leg and the cane at the same time a comfortable distance forward. With the weight supported on both your cane and your weaker leg, step through with your stronger leg. When using your cane for balance, let comfort be your guide. Place and plant your cane firmly on the ground before you take a step. Non-skid rubber tips help keep you from slipping.



High intensity pathway light



Lift assist pivoting handle



Free standing



Bottom handle comes preset for most users

To adjust, please use the allen key included and located inside the bottom handle storage. Loosen the locking clamp, move to the desired location and then evenly lock into place. To prevent potential cane damage, do not lock directly over an adjustment hole. Allen key included.



To adjust cane height

1. Loosen the locking ring located at the bottom of the cane by rotating anti-clockwise.
2. Depress the push button and slide the leg to the desired height, up or down. Make sure the push button is fully engaged in the desired hole.
3. Rotate the lock ring by turning clockwise to completely secure.

**BATTERIES****2x CR2032 3V batteries included**

- Keep batteries away from children and pets.
- Do not mix used and new batteries.
- Remove the batteries if left for long periods.
- Never dispose of batteries in a fire.
- Battery disposal, spent or expired batteries must be properly disposed of and recycled in compliance with local regulations. For detailed information, contact your local authority.

Follow the battery manufacturer's safety, usage, and disposal instructions.

DISPOSAL

- Dispose of all packaging, paper, cartons, plastic and plastic bags in accordance with your local recycling regulations.
- At the end of the product's lifespan, please dispose of it at an authorised household waste recycling centre.

