

**Material:**

Outer: Composite paper
Inside: Wood Vinegar Extract,
Bamboo Vinegar Extract, Chitin,
Chitosan, Tourmaline, Vitamin C,
Vegetable Fibre, Minus Ion Powder,
Dextrin

The bamboo detox patch is a natural way to help purify and eliminate toxins while sleeping. The patch can improve the well-being and may have a positive action on the acido-basic balance. Bamboo is also well known for its "Ever young Effect" on the skin.

How to use:

Clean your feet skin surface.

Remove the larger piece from the adhesive sheet and discard.

Place the pad onto its centre, making sure that the darker side is facing down toward the adhesive surface.

Stick and spread firmly onto the sole of your feet, and remove the smaller piece from the adhesive sheet.

Generally allow between 6-8 hours for full absorption to occur before removing the pads.

Pad will turn black once toxins have been absorbed out of the body.


Cautions:

- FOR EXTERNAL USE ONLY.
- USE THE PATCH IMMEDIATELY ONCE YOU OPEN THE PACKAGE. STORE IT IN A COOL AND DRY PLACE. KEEP OUT OF REACH OF CHILDREN.
- USE BEST BEFORE GOING TO BED. KEEP IT FOR 6-8 HOURS.
- AFTER THE FIRST USE, THE FOOT PAD WILL BECOME BLACK AND BROWN AFTER USE, THIS IS NORMAL. WASH YOUR FEET WITH SOAP AND WATER.
- DO NOT USE ON A WOUND.
- DO NOT USE ON MUCOUS MEMBRANES.
- STOP USE IN CASE OF SKIN PROBLEMS AND CONSULT A SPECIALIST.
- DO NOT APPLY THE PATCH ON IRRITATED OR DAMAGED SKIN.
- NOT SUITABLE FOR CHILDREN.
- DO NOT USE WHEN PREGNANT.
- SOCKS CAN BE WORN OVER THE FOOT PADS.
- IF EXCESS REDNESS AND IRRITATION IS EXPERIENCED, STOP USING THE PATCH IMMEDIATELY.

NOTE: For hygienic reasons and for a longer life expectancy, it is recommended to put the item back into its packaging after use.

DISPOSAL

- Coopers of Stortford use recyclable or recycled packaging where possible.
- Please dispose of all packaging, paper, cartons, packaging in accordance with your local recycling regulations.
- Plastics, polybags – Contains the following recyclable plastic.

Code & Symbol	 LDPE (polybag)
Type of Plastic	Low Density Polyethylene
Commonly used for	Shopping bags, bread bags, squeeze bottles, stretch/pallet wrap, bubble wrap, multi-pack can holders
Notes	Usually recyclable supermarket deposit points. Check other plastic films as any non-polythene film e.g. cling film, crisp packets film lids

- At the end of the product's lifespan please check with your local council authorised household waste recycling centre for disposal.