



Dimensions

60cm x55cm x33cm

Weight

590g

- Inflatable leg rest with pump included
- Easily stored away
- Lightweight
- Raise your legs and feet to reduce swelling and improve comfort
- Improves blood flow so pain and swelling is reduced
- Good for back pain and also varicose veins
- Flocked material for extra comfort

ASSEMBLY INSTRUCTIONS / INSTRUCTIONS FOR USE:

Unpack the components carefully. Please check all parts have been removed from the packaging.
(Contents: 1x leg rest, 1x air pump)

TO INFLATE / DEFLATE INSTRUCTIONS FOR USE

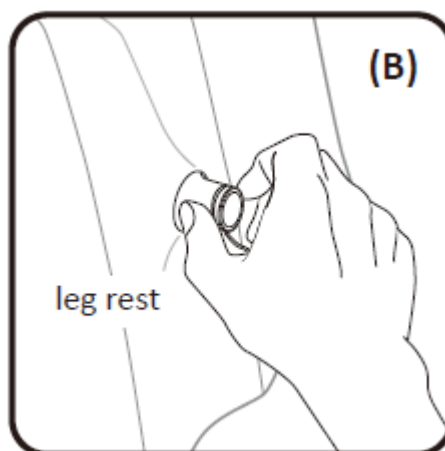
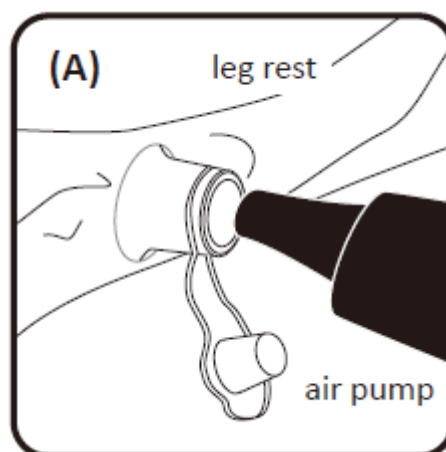
(Valve diameter: 1.4cm)

TO INFLATE

1. Insert the pump into the valve of the hand pump and push in until it stays in place (see illustration A)
2. Operate the pump with one hand. Pump air in by pushing up and down on the cylindrical part of the pump until all the wrinkles have smoothed out.
3. When you reach desired firmness, pull the pump out. DO not over inflate.
4. Close the cap of the valve and press the valve all the way into the chamber until it is flush with the leg rest surface.

TO DEFLATE

Open the cap and pull the valve out of the chamber. Squeezing the stopper can speed up deflation. (See illustration B)




CARE AND CLEANING INSTRUCTIONS:

- Hand wash only

DISPOSAL

- Coopers of Stortford use recyclable or recycled packaging where possible.
- Please dispose of all packaging, paper, cartons, packaging in accordance with your local recycling regulations.
- Plastics, polybags – this is made from the following recyclable plastic.



Code & Symbol	 PVC
Type of Plastic	Polyvinyl Chloride
Commonly used for	Pipes, construction material, flooring, windows, guttering, plaster packs
Notes	Not usually collected from household recycling bins, Sometimes recycled at local waste management centres.

- At the end of the product's lifespan please check with your local council authorised household waste recycling centre for disposal.