



Dimensions

- EXERCISE AND STRENGTHEN THE MUSCLES IN YOUR HANDS AND FINGERS
- CONFORMS TO HAND'S NATURAL SHAPE FOR ADDED COMFORT COTTON TERRY CLOTH FOR PERSPIRATION ABSORPTION
- **FINGER SEPARATORS** REDUCE FRICTION TO HELP PREVENT IRRITATION AND RUBBING BETWEEN FINGERS.
- USE LEFT OR RIGHT HANDED
- USE TO TREAT ARTHRITIC OR NEUROMUSCULAR DEFORMITIES
- HELPS REDUCE PAIN, RELIEVE PRESSURE AREAS AND PREVENT CONTRACTURES. FULLY ADJUSTABLE AT ALL JOINTS. WRIST AND FINGERS CAN BE ADJUSTED INDEPENDENTLY.

ASSEMBLY INSTRUCTIONS / INSTRUCTIONS FOR USE:

- Gently squeeze and grip repeatedly to get the muscles working


CARE AND CLEANING INSTRUCTIONS:

- Hand wash only. Air dry.

DISPOSAL

- Coopers of Stortford use recyclable or recycled packaging where possible.
- Please dispose of all packaging, paper, cartons, packaging in accordance with your local recycling regulations.
- Plastics, polybags – this is made from the following recyclable plastic.



Code & Symbol	 OTHER
Type of Plastic	Polyester
Commonly used for	CD's, crisp packets, various flexible packaging, baby bottles, sunglass lenses
Notes	Not often or widely recycled

- At the end of the product's lifespan please check with your local council authorised household waste recycling centre for disposal.