



Dimensions

29 (L) x44 (W)cm

- Gel wraps ease painful and hot legs
- Nothing better than cold to relieve heavy legs!
- Place gel packs into the fridge or freezer before use and then place in wrap sleeve
- Touch fasten around legs
- Great for restless legs, swollen ankles due to heat and general muscle pain
- One size – adjustable.
- **DO NOT PLACE THE GEL PACK DIRECTLY ON YOUR SKIN.**

ASSEMBLY INSTRUCTIONS / INSTRUCTIONS FOR USE:

Unpack the components carefully. Please check all parts have been removed from the packaging.

Instruction to use

Remove gel pack from the leg wrap.

Cooling

- Place gel pack in the refrigerator for 2-3 hours. Gel pack can be placed in the freezer for 1hour.
- Position the gel pack in place on the leg wrap.
- Always use sweatpants or a towel between the gel pack and the skin.
- **DO NOT USE THIS PRODUCT OVER OPEN WOUNDS.**
- **IF GEL PACK BECOMES DAMAGED AND BEGINS TO LEAK DISCONTINUE USE AND DISCARD.**
- **KEEP AWAY FROM CHILDREN AND PETS.**



Gel packs are 25.4cm (L) x6.35cm (W)

First Aid Measures

Symptoms and Effects: None

Inhalation: If dust is inhaled, obtain medical attention.

Skin contact: Flush skin with water.

Eye contact: Flush eyes with water.

Ingestion: Do seek medical advice if you experience any reaction.

CARE AND CLEANING INSTRUCTIONS:


- Spot clean. Hang to dry.
- Do not fold or squash.
- Keep away from sharp objects to avoid piercing the gel wrap.

- If leakage does occur stop using this immediately and collect up all spillage and place in a labelled, sealable container for subsequent disposal as required by local waste disposal regulations.

DISPOSAL

- Coopers of Stortford use recyclable or recycled packaging where possible.
- Please dispose of all packaging, paper, cartons, packaging in accordance with your local recycling regulations.
- Plastics, polybags – this is made from the following recyclable plastic.



Code & Symbol	 OTHER
Type of Plastic	Nylon
Commonly used for	CD's, crisp packets, various flexible packaging, baby bottles, sunglass lenses
Notes	Not often or widely recycled

- At the end of the product's lifespan please check with your local council authorised household waste recycling centre for disposal.