

# AM/FM Armband Radio

**K033** v01: 18/06/21

Please read and retain these instructions for future reference

# BERGSTRÖM



## Dimensions

(H) 6.43 x (W) 2.45 x (D) 7.85cm

- INCLUDES SAB-55 RADIO, STEREO EARBUDS, AND DETACHABLE BELT CLIP
- MULTIFUNCTION LCD
- AM/FM STEREO RECEIVER WITH 10 AM AND 10 FM PRESETS
- DIGITAL TUNING
- DIGITAL CLOCK WITH ALARM
- BASS BOOST
- ADJUSTABLE NONSLIP ELASTIC ARMBAND
- REFLECTOR SAFETY RING
- RUBBERIZED FINISH
- HEADPHONE JACK

## SPECIFICATION

Power supply: 3VDC, 2x AAA Batteries (not included)  
Frequency: FM 87.5 – 108 MHz  
AM 522-1620KHz  
Earphone: 32 ohms

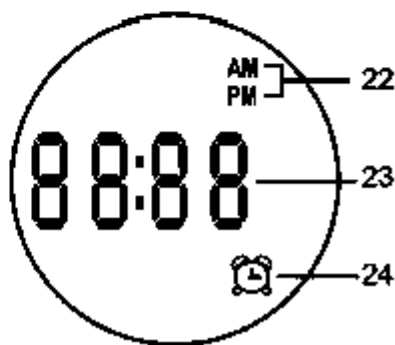
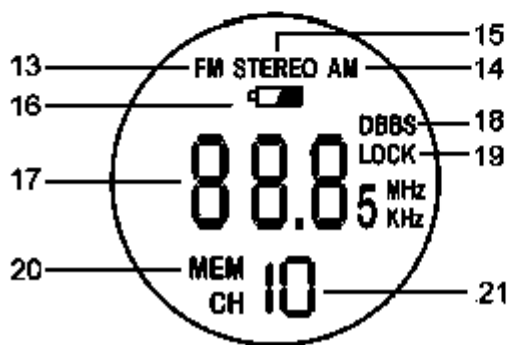
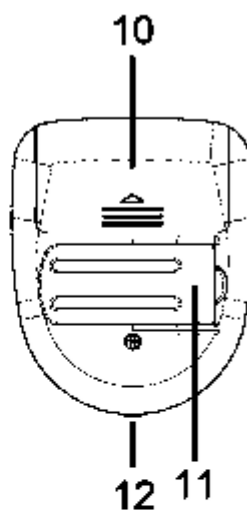
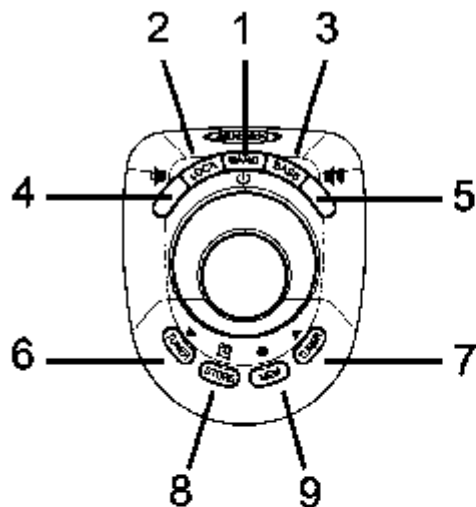
## IMPORTANT SAFETY INFORMATION

- Do not use the radio near water.
- Clean only with a dry cloth.
- Do not block any ventilation openings.
- Install in accordance with manufacturer's instructions.
- Do not install or operated near any heat sources such as radiators, stoves or other apparatus that produces heat.
- No naked flame sources such as candles should be placed on the product.

\*Calls cost 7 pence per minute plus your telephone company's network access charge

The Enterprise Department  
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## LOCATION OF CONTROLS



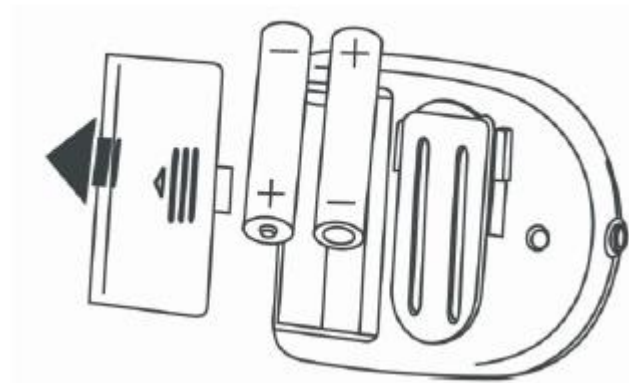
1. Power/Band Button	13. FM Radio Indicator
2. Lock Button	14. AM Radio Indicator
3. Bass Button	15. FM Stereo Indicator
4. Volume Down Button	16. Low Battery Indicator
5. Volume Up Button	17. Frequency Reading
6. Tuner Down Button	18. DBBS Indicator
7. Tuner Up Button	19. Lock Indicator
8. Store/Alarm Button	20. Memory Indicator
9. Memory/Time Button	21. Preset Channel Number
10. Battery Compartment	22. AM/PM Indicator
11. Belt Clip	23. Time Display
12. Earphone Jack	24. Alarm Clock Indicator

**POWER SOURCE**

This digital AM/FM Armband Radio operates on 2 x AAA batteries (not included).

**INSTALLING THE BATTERY**

1. Remove the BATTERY DOOR
2. Following the polarity diagram (+ and -) shown in the battery compartment (10), insert 2x AAA batteries (not included).
3. Close the BATTERY DOOR.

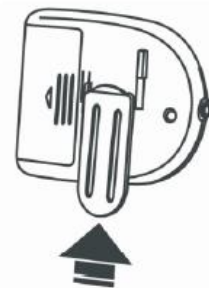
**Notes:**

- Replace batteries when the LOW BATTERY INDICATOR (16) shows on the LCD display.
- When changing batteries in clock mode, the unit will retain the time and your presets for 45 seconds. Change the batteries within this 45 seconds time frame or you will need to reset the time and all your saved presets. IF you remove the batteries in radio mode, the unit will power off and the time will have to be reset.
- For better performance and longer operating time, we recommend the use of alkaline-type batteries.

**USING THE BELT CLIP**

The supplied BELT CLIP allows you to attach the Armband Radio on your belt for convenient use.

1. Attaching the BELT CLIP



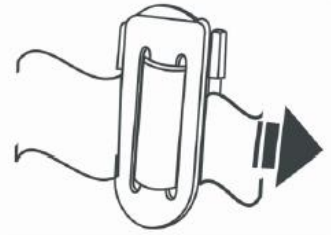
2. Removing the BELT CLIP



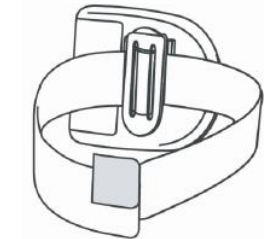
**USING THE ARMBAND**

With the supplied ARMBAND, you can wear your unit on your arm for convenient use.

1. Attaching the ARMBAND to the BELT CLIP.



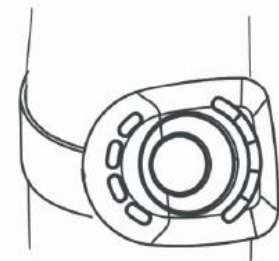
2. Attaching the BELT CLIP to your unit.



3. Adjusting the ARMBAND



4. Wearing the Radio on your arm.

**SETTING THE CLOCK TIME**

1. When you place the batteries, the unit will automatically switch into standby mode showing a 12:00 AM on the display, a beep sound will be heard.
2. Remark: You can press the hold and POWER/BAND Button (1) to switch the radio to standby mode.
3. Press and hold MEM/TIME BUTTON (9), the hour digits on the display will blink.
4. Within seconds, press the TUNER UP (7) / TUNER DOWN BUTTON (6) repeatedly until the correct hour is reached.
5. Press the MEM/TIME BUTTON (9) again and the minute digits on the display will blink.
6. Within seven seconds, press the TUNER UP BUTTON (7) / TUNER DOWN BUTTON (6) repeatedly until the correct minute is reached.

7. Press the MEM/TIME (9) to confirm the time.

Note:

Make sure the hour is set so that AM or PM is correctly displayed. If the PM INDICATOR (22) is showing on the display, the displayed time is "PM". If the AM INDICATOR (22) is showing on the display, the time displayed is "AM".

### **RADIO OPERATION**

1. Insert the earbuds into the EARPHONE JACK (12) and press and hold the POWER/BAND BUTTON (1) to turn on the radio.
2. Press the POWER/BAND BUTTON (1) repeatedly to select AM or FM.
3. Press and hold the TUNER UP BUTTON (7)/TUNER DOWN BUTTON (6) to search next/previous available station. If reception is poor, try manual tuning to fine-tune the station. Press the TUNER UP BUTTON (7)/TUNER DOWN BUTTON (6) briefly to manually tune through the frequency band.
4. Adjust the VOLUME UP/VOLUME DOWN BUTTONS (5 and 4) to obtain the desired sound level.
5. Press the BASS BUTTON (3) to enhance the bass effect of the music being played. Press the BASS BUTTON (3) again to turn the effect off.
6. Press and hold the POWER/BAND BUTTON (1) to turn off the Armband Radio when you have finished listening. The radio will display the time.

### **TIPS FOR BEST RECEPTION**

- FM** The FM radio uses the cord from the earbuds as the antenna. Unwrap and extend the cord for best reception. The FM STEREO INDICATOR will show on the display when receiving a stereo broadcast and signal is strong enough.
- AM** The AM antenna is located inside the cabinet of the unit. If AM reception is weak, change the position of the radio until the internal antenna picks up the strongest signal.

### **SETTING THE RADIO STATION PRESETS**

The Armband Radio allows you to store up to 10 FM station and 10 AM stations for easy recall at any time.

1. In the FM or AM mode, tune to the radio station you want to store in memory by using the TUNER UP BUTTON (7) / TUNER DOWN BUTTON (6).
2. Press Store/Alarm Button (8). The MEMORY INDICATOR (20) and the PRESET CHANNEL NUMBER (21) will be flashing on display.
3. To change the preset channel number location, press the TUNER UP BUTTON (7) / TUNER DOWN BUTTON (6) to step through the preset locations (1-10).
4. To confirm the preset location, press the STORE/ALARM BUTTON (8).
5. To store up to 10 FM and 10 AM station presets, repeat steps 1 to 4 above.

### **RECALLING THE PRESET RADIO STATIONS**

1. Set the armband radio to FM or AM mode.
2. Press the MEMORY/TIME button (9) repeatedly to select the desired preset station.

**ALARM OPERATION**

The Armband Radio has an alarm that will wake you up with a beeping sound.

The alarm beeper is built into the case so it is not necessary to connect earphones to hear the alarm.

1. In standby mode, press and hold the STORE/ALARM BUTTON (8), the hour digits of the alarm time will blink and the ALARM INDICATOR will show on the display.
2. Within three seconds, press the TUNER UP BUTTON (7)/ TUNER DOWN BUTTON (6) until the correct hour is reached.
3. Press the STORE/ALARM BUTTON (8) again and the minute digits of alarm time will blink.
4. Within three seconds, press the TUNER UP BUTTON (7)/ TUNER DOWN BUTTON (6) until the correct minute is reached.
5. Press the STORE/ALARM BUTTON (8) to confirm the alarm time.
6. The alarm will sound for 60 minutes at the time you entered.

**TO STOP THE ALARM SOUND**

When alarm sounds, press the STORE/ALARM BUTTON (8) or the POWER/BAND BUTTON (1) once to stop the alarm and it will repeat next day same time.

**TO COMPLETELY TURN OFF ALARM (NOT RESET FOR NEXT DAY)**

In standby mode, press the STORE/ALARM BUTTON (8) repeatedly until the ALARM Indicator (24) disappears.

**LOCK FUNCTION**

To prevent accidental function changes during active use, this unit is fitted with a function lock.

After the unit has been powered on and the required station tuned, press the LOCK BUTTON (2) to lock all functions. LOCK INDICATOR (19) will show on the display.

**CARE AND MAINTENANCE**

1. Clean your unit with a damp (never wet) cloth. Solvent or detergent should never be used.
2. Avoid leaving your unit in direct sunlight or in hot, humid, Or dusty places.
3. Keep your unit away from heating appliances and sources of electrical noise such as fluorescent lamps or motors.

**CAUTION:** Never allow any water or other liquids to get inside the unit while cleaning.

**BATTERIES**



- Keep batteries away from children and pets.
- Do not mix used and new batteries.
- Remove the batteries if left for long periods.
- Never dispose of batteries in a fire.

- Battery disposal, spent or expired batteries must be properly disposed of and recycled in compliance with local regulations. For detailed information, contact your local authority.
- Follow the battery manufacturer’s safety, usage, and disposal instructions.

### DISPOSAL

- Coopers of Stortford use recyclable or recycled packaging where possible.
- Please dispose of all packaging, paper, cartons, packaging in accordance with your local recycling regulations.
- Plastics, polybags – Contains the following recyclable plastic.



Code & Symbol	 LDPE	 OTHER
Type of Plastic	Low Density Polyethylene	ABS
Commonly used for	Shopping bags, bread bags, squeeze bottles, stretch/pallet wrap, bubble wrap, multi-pack can holders	CD’s, crisp packets, various flexible packaging, baby bottles, sunglass lenses
Notes	Usually recyclable supermarket deposit points. Check other plastic films as any non-polythene film e.g. cling film, crisp packets film lids	Not often or widely recycled

- At the end of the product’s lifespan please check with your local council authorised household waste recycling centre for disposal.

