

STAR SHAPE HAND EXERCISER SET OF 3
Code: H131212

Thank you for purchasing our Stare Shape Hand Exerciser that will help you keep your wrists and fingers mobile. It is great for improving your grip and finger flexibility if you are prone to arthritis. It is also ideal for hand arm rehab, carpal tunnel injury and developing wrist strength if you play golf or tennis.

User Instructions:

The level of exercise can be graded depending on the resistance of the hand exercise balls. Simply start with the easiest and work your way up, as you get stronger.

Exercise ball strength levels:

Pink – Soft
Blue – Medium
Orange – Hard

Cleaning and Maintenance:

Wipe with a clean damp cloth.

Do not use abrasive cleaning materials.

Ensure the hand exercise stars are clean and dry before storage. Store at room temperature.

Material: TPR. Latex Free

CAUTION:

THIS PRODUCT IS NOT A TOY, ADULT SUPERVISION WILL BE REQUIRED.

IF ANY DISCOMFORT OCCURS PLEASE CEASE TRAINING IMMEDIATELY