

**Please read and retain this instruction manual for future use.**

**Make tasty and healthy meals and treats in minutes.**

Eating fruit and vegetables will never be the same again!

With your spiral machine you can make fine spirals or spaghetti or slices in seconds.

Almost all types of fruit and vegetables can be used with the spiral machine as well as other firm foods such as sausages and cheese.

Please note that soft fruit, vegetables and food may not spiral well and disintegrate so it is better to stick to firmer foods.

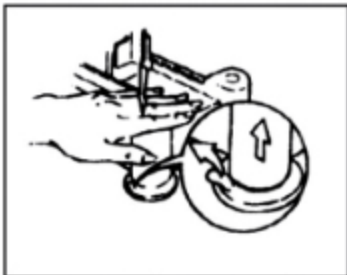
Foods that are ideal for the spiral machine are carrots, cucumbers, courgette, potatoes, cabbage, onions, celery, beetroot, pepper, apple, pears etc.

**Features of your spiral machine:**

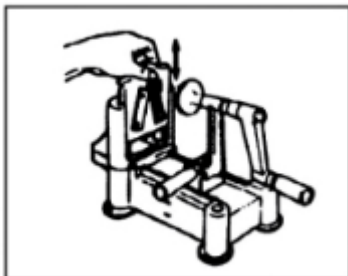
- Three interchangeable cutter inserts with integrated storage compartments and ultra-sharp blades for optimum cutting results.
- Non-slip, rubber feet for stability and safe working.
- Fast and easy use.

**Using your spiral machine:**

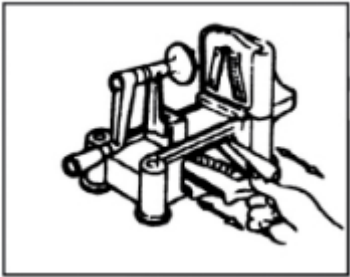
1. Place the appliance on a smooth and easily accessible surface and press the suction feet in firmly. (To release the suction feet simply pull gently on the rubber tabs):



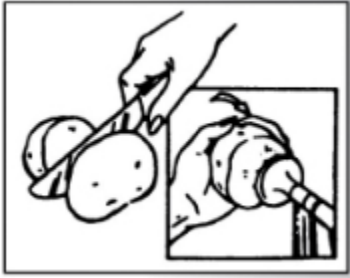
2. Choose one of the three cutter inserts and insert into the spiral machine guide until you hear it click into place:



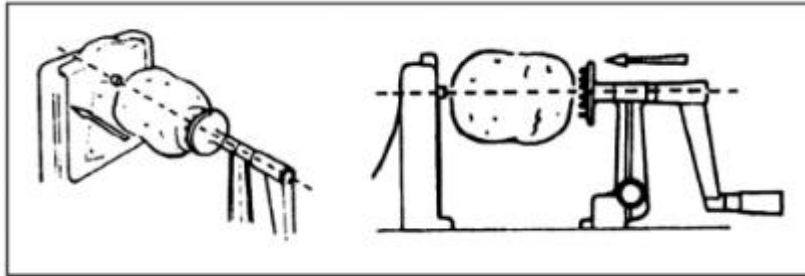
3. You can store the cutter inserts you are not currently using in the storage compartment Underneath the spiral machine:



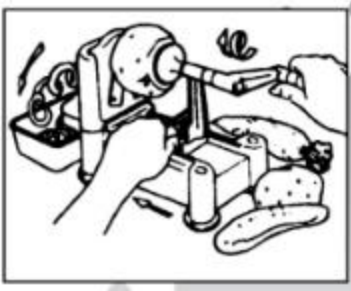
4. To ensure that the fruit and veg are held secure in the spiral machine you need to make both ends of the fruit or veg flat, do this carefully using a kitchen knife:



5. Secure the fruit or vegetable in between the round spikey plastic head and the stainless steel blade opposite:



6. Put a container underneath the end of the spiral machine where the cutting blade is. Then wind the handle clock wise with gentle pressure to spiral your food:

**Cleaning your spiral machine:**

When you are finished using your spiral machine remove the cutting blade piece and clean using warm soapy water (not dishwasher safe). Then clean the round spikey plastic head again using warm soapy water (not dishwasher safe). You can do that whilst it is assembled to the machine or you can unscrew. If you unscrew you will need to re-attached by screwing the handle back on.

**WARNING!** The cutting blades and round spikey plastic head are both very sharp so be careful when handling and keep out of reach of children.

**Disposal:**

Dispose of all paper, cartons and plastic in accordance with your local recycling regulations. At the end of the products lifespan please dispose of it at an authorised household waste recycling centre.