



## **USER INSTRUCTIONS:**

- Please ensure that the needle is exactly pointing at zero on the dial to avoid a false reading.
- To adjust the needle, use the adjusting wheel on the front of the scale.
- Maximum Weight: 135KG (21ST)
- Use only on a level floor surface.
- For most accurate results, use at a similar time of day and with all garments and footwear removed.
- Stand gently; display will vary if you move.
- Adjust the Dial to zero by rotating the dial zero control wheel clockwise or anticlockwise as necessary before each use.

## **WARNINGS / CAUTIONS:**

- Do NOT use abrasives when cleaning.
- Always stand with feet either side of the centre of the scale.
- Not recommended for being used on carpets with a deep pile.

## **CLEANING INSTRUCTIONS:**

• Wipe clean with a damp cloth.

## **DISPOSAL:**

- Dispose of all packaging, paper, cartons and plastic, plastic bags in accordance with your local recycling regulations.
- At the end of the product's lifespan please dispose of it at an authorised household waste recycling centre.

