INSTRUCTION MANUAL
FOR
ACTIVITY TRACKER 10923
Thank you for purchasing this Coopers Activity Tracker. To ensure best performance, please ensure the product is fully charged (see icon) before attempting to use. Please read instruction manual thoroughly before starting and ensure you are familiar with the operation of your new Activity Tracker.

**SIMPLE FUNCTION USE:**

This activity tracker counts your steps based on your height, weight, stride and age and thus calculates the distance covered and calories burnt. It can be used for basic functions without the APP.

Basic functions are Counting Steps, Distance travelled and Calories which can be read by pressing the button on the tracker. Basic functions will automatically reset to zero every day at midnight. They cannot be reset manually.

Note: Date and time cannot be set manually. This requires synchronisation with APP (see page 4).

**Specifications:**

Display: OLED 0.86 inches  
Power by: built-in 50mAh Li-polymer battery  
Charging time: approximately 1 to 2 hours  
Standby Time: approximately 4 to 10 days depending on how often you use it  
Working Temperature: 0-40°C  
System requirement: Bluetooth 4.0 or above, Android 4.3 or above, iOS 8.0 or above.

**Accessories:**

Instruction manual and mini USB charging cable
Charge the activity tracker:

Before using this activity tracker, please make sure its built-in battery is fully charged. The micro USB jack is located on the back of the tracker body. Use the supplied mini USB cable to connect the tracker body with the USB port on your PC or laptop. When it is connected properly, a battery symbol displays on screen of the device indicating the charging process. It takes approximately 1 to 2 hours for full charging and the battery symbol will turn to full capacity when charging is complete. Disconnect the USB cable. The Activity Tracker is then ready for use.

ADVANCED FUNCTIONALITY:

To Operate the activity tracker:

Press the button on side of the tracker body to change the screen interface to read time, date, step, distance, calories in turn and to control camera or music play by remote.

![Buttons for Time, Date, Steps, Distance, Calories, Remote Camera, Remote Music]

FURTHER FUNCTIONS WITH APP FACILITY:

For full operational functions please input accurate data into your personal profile after logging in the APP. You can read your activity data from either the tracker unit or the APP on your smart phone after synchronizing and uploading the data.

1. When the tracker connects to the APP on your smart phone via Bluetooth, please touch the camera icon on APP then your smart phone is ready to take a photo. Press and hold the button on the tracker to activate a snap shot.

2. When the tracker connects to the APP on your smart phone via Bluetooth, please press and hold the button on the tracker to get in the following menu to play music.
Connect to your smart phone and download APP:

1. Activate Bluetooth on your smart phone;
2. Scan QR code on the instruction manual (see next page) or search "GoBand" from Google Play (for Android) or Apple Store (for iPhone) to download the APP;
3. Please refer to illustrations on following pages to install and operate the APP.

Note:
The name of the device shown on APP is “SMART”.

Text Messages Alert: This icon flashes on the tracker’s screen and the tracker vibrates simultaneously to alert when receiving SMS messages as long as the tracker is connected to the APP on your smart phone.

Incoming Call Alert for smart phone: This icon flashes on the tracker’s screen and the tracker vibrates simultaneously to alert on incoming phone calls as long as the tracker is connected to the APP on your smart phone.
App installation and operation

Android

Scan above QR code or search “GoBand” on Google
Play to download the APP.
For some special mobile phones, operate as following picture:

App Sign in

Or
Device connection

Blue icon means successful connection.
Grey icon means no connection. Please connect again.

Corresponding device

Head Office, 11 Bridge Street, Bishop's Stortford CM23 2JU
Tel: 0844 482 4400 * Fax: 01279 756595
www.coopersofstorford.co.uk

*Calls cost 7 pence per minute plus your telephone company's network access charge.
Device Setting

Device Setting

Device Setting

Device Setting
Data Viewing

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Device Unbinding
iOS

Scan above QR code or search “GoBand” on Apple Store to download the APP.
Activity Tracker 10923
Instructions for Use
Please read and retain these instructions for future reference
v005 : 28/02/18

App Sign in

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Or

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Device connection

1. Open the Activity Tracker app.
2. Tap on the "Connected Device" section.
3. Select "Nearby Device" and choose your device (e.g., "SMART 1x39").

When prompted for a Bluetooth pairing request, tap "Cancel."
Device Setting

1. **Personal Info**
   - **Profile Photo**
   - **Name**: John Doe
   - **Gender**: Male
   - **Height**: 170 cm
   - **Weight**: 68 kg
   - **Birthday**: 1980-01-01
   - **Unit**: Metric

2. **Settings**
   - **Anti-loss**
   - **Enable Phone Searching**
   - **Music Remote Control**
   - **Sleep Preference**
   - **Set Alarm**
   - **User Manual**
   - **Firmware Upgrade**
Data Viewing

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Device unbinding
After unbinding the device, please check your smart phone settings of Bluetooth and tap “Forget this Device”.

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Cautions

1. Before using the device, please connect it to the APP for synchronization of time settings with your smart phone.
2. “GoBand” is a reliable APP. We suggest you set your smart phone to allow it to work continuously. However, it is normal that the tracker may sometimes disconnect from your smart phone. You can just resume the APP to reconnect the device and synchronize the tracker. In some rare cases, if the connection fails, please reboot your smart phone and research the device on the APP.
3. Every time you want to check activity data from the APP, please resume the APP and synchronize it with the device, then the data will be uploaded to the APP.
4. All data including steps, distances and calories displayed on the device are automatically reset to zero at every midnight (0:00 am). You can trace back the records on the APP as long as you have uploaded the data every day.
5. The activity data provided by this device is just for reference to monitor your exercises and sleeping quality but constitutes no medical information and the device is not treated as medical equipment.
6. Please keep the device away from humidity, extremely hot or cold environments.
7. This device is not waterproof. Please take it off before shower, swimming, surfing and diving.
8. Please always use the original supplied cable to charge the device.
9. Long time and tight wearing of the device, particularly in hot and humid environment, may cause skin allergy for sensitive skin.

WARNING

- CHECK THE APPLIANCE AND POWER CABLE CAREFULLY FOR DAMAGE BEFORE EACH USE.
- THIS APPLIANCE CAN BE USED BY CHILDREN AGED FROM 8 YEARS AND ABOVE AND PERSONS WITH REDUCED PHYSICAL, SENSORY OR MENTAL CAPABILITIES OR LACK OF EXPERIENCE AND KNOWLEDGE IF THEY HAVE BEEN GIVEN SUPERVISION OR INSTRUCTION CONCERNING USE OF THE APPLIANCE IN A SAFE WAY AND UNDERSTAND THE
HAZARDS INVOLVED. CHILDREN SHALL NOT PLAY WITH THE
APPLIANCE. CLEANING AND USER MAINTENANCE SHALL NOT BE MADE
BY CHILDREN WITHOUT SUPERVISION.
• CHILDREN OF LESS THAN 3 YEARS SHOULD BE KEPT AWAY UNLESS
CONTINUOUSLY SUPERVISED.
• DO NOT USE IF THE CABLE OR PLUG IS DAMAGED. TO BE REPAIRED
BY A QUALIFIED ELECTRICIAN OR TO BE REPLACED BY THE
MANUFACTURER, SERVICE AGENT OR SIMILARLY QUALIFIED PERSON,
IN ORDER TO AVOID A HAZARD.

CARE AND CLEANING INSTRUCTIONS

• Do NOT immerse in water.
• Do NOT use abrasive cleaners or sharp utensils to clean this appliance.
• Store the unit in a cool, dry place.

DISPOSAL

• Dispose of all packaging, paper, cartons and plastic, plastic bags in
accordance with your local recycling regulations.
• At the end of the product’s lifespan please dispose of it at an authorised
household WEEE waste recycling centre.