



### Product description

The Easy Sock Aid is designed to assist individuals who have difficulty bending to put on or take off their socks. The set consists of the Easy Sock-On Aid which is a U-shaped half cylinder mounted at an angle on a flat base. The base has a hook for positioning the Sock-On Aid.

To put on your sock, place the Sock-On Aid on your lap or between your thighs, place the toe of the sock in the middle of the half cylinder pointing down, and roll the upper portion of the sock down on the outside of the half cylinder. The sock will be inside out down to the foot and open.

Then place the Sock-On Aid on the floor, insert your foot into the sock, and slide the heel down along the half cylinder to complete putting on the sock.

The Sock-Off Aid consists of a shaft with an end piece that has two prongs with a curved loop in between.

To remove your sock, slide the loop end of the tool between the top of the sock and the ankle and push the sock down past the heel with the two prongs catching the cuff of the sock. Then let the shaft drop to the floor and step on it with the other foot.

The foot is removed from the sock, while the sock remains attached to the prongs. Return the Sock-Off Aid to an upright position and bring the sock within reach. It can be used to remove light compression garments also.

### Easy Sock Aid Key Features:

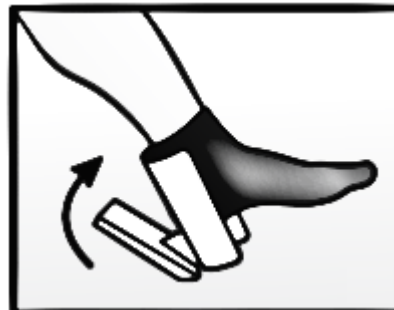
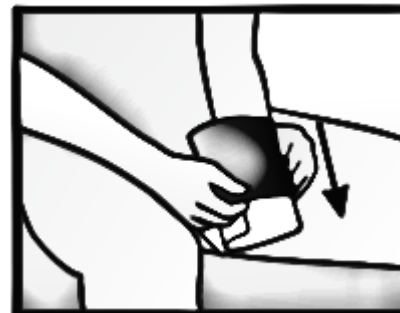
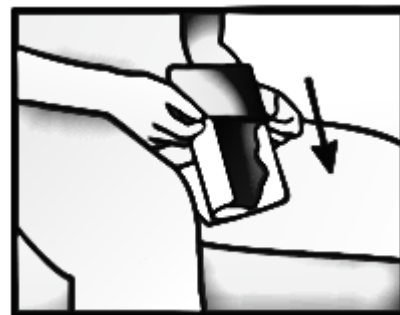
- No bending required for putting on or taking off socks
- Easy for one-handed users
- Unique cordless system
- Compact design for storing

**ASSEMBLY:**

Assemble the two components sliding them together. Ensure that the end with the keyhole shaped slot is the side that is raised up higher.

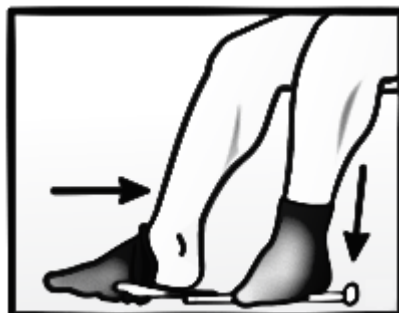
**HOW TO USE YOUR Sock-On Aid – Putting on socks**

1. Hold Sock-On Aid between thighs, ensuring that the end with the keyhole shaped slot is pointing upwards.
2. Lay sock in the hollow of the Sock-On Aid. The heel of the sock should rest upon the slot, with the toe of the sock pointing downwards.
3. Pull sock apart and roll it down over the tube. Once it is pulled down as far as possible, the sock will be turned inside out and opened up.
4. Place hand in sock and make sure the heel is in the correct position for entry.
5. Lower the Sock-On Aid to the floor. Position your toes with the foot straight over the open sock and push into the sock. Step gently and foot should slide into the sock as far as it can go.



**HOW TO USE YOUR Sock-Off Aid – Taking off socks**

1. Assemble the two Sock-Off Aid components by sliding them together. Grasp the Sock-Off Aid and slide the pronged end of the tool between the top of the sock and the ankle.
2. Push it right down so that your heel is positioned comfortably in the slot. The two prongs should catch the cuff of your sock.
3. Step down fully with your foot then drop the handle to the floor and tread on it with your other foot.
4. This will allow you to lever out of the sock easily. Your removed sock will remain attached to the prongs of the Sock-Off Aid.



5. Roll the handle of the Sock-Off Aid with your other foot to return the Sock-Off Aid to an upright position.



6. You can then bring your sock straight to your hand.



#### CARE AND CLEANING INSTRUCTIONS:

- Wipe clean with a dry cloth.

#### DISPOSAL

- Dispose of all packaging, paper, cartons, plastic and plastic bags in accordance with your local recycling regulations.
- At the end of the product's lifespan please dispose of it at an authorised household waste recycling centre.