



### Technical Specification:

Input: 12V DC 1200mA  
Power: 14.4W  
Mains Adapter: 100-240V AC, 50/60Hz, 0.5A

### How to use the massager:

#### Strapping System:

This massage mat incorporates a unique strapping system which allows you to fasten it to most seats. Set the cushion on your seat and adhere the elastic straps firmly around the back rest to stop the massager from sliding.

#### For use in home or office:

Plug the adaptor (supplied) into a 240 volt AC socket and plug into the input jack, located along the side of the mat. Attach the massage mat.

NOT FOR CAR USE.

## Parts



<**ON/OFF**>- Power button: turns massager ON/OFF.

<**HEAT**>- Heat button: turns lumbar heater ON/OFF.

<**INTENSITY**>- Intensity button: adjusts the strength of your massage. Choose from 4 levels of intensity.

<**MODE F1-F5**>- Mode button: cycles through the 5 different massaging modes, PULSATE/TAPPING/ROLLING/KNEADING/AUTO mode. Auto mode will automatically change through the various massaging modes.

<**NECK/BACK/LUMBAR/LEG**>- Isolating your massage: customize your massage areas by choosing to turn on/off the various parts of the massager, neck, back, lumbar and leg.

## Warnings:

- Do not set up or use the massager in bathroom or similarly wet/damp areas as such an environment may reduce the lifespan of the massager mechanism.
- Ensure the massager is not exposed to direct sunlight, or placed near heaters and other heat sources.
- Do not use the product on any wooden surface as the zipper may scratch the surface.
- The massager is intended for household use only.
- Do not use the appliance for anything other than its intended use.
- Do not use your appliance with an extension lead or switched timer.
- Do not use your massager if it has malfunctioned or has been damaged in any way, have the appliance inspected by a qualified person.
- If you have any concerns regarding your health, or you are suffering from an illness which may give you cause for concern, consult your doctor before using the product.
- It is recommended that individuals fitted with pacemakers should consult their doctor before using this product.
- Never cover the appliance when it is in operation.
- **Do not use the product for more than 15 minutes at a time.**
- Never use this product on swollen or inflamed areas or skin.

- This product is a non-professional appliance designed to provide a soothing massage only.
- Do not use this product as a substitute for medical attention.
- Do not use this product before going to bed as a massager has a stimulating effect and may delay sleep.
- Do not use the product while in bed.
- Do not use when folded.

## Important Safeguards:

- Always unplug the unit from the power source when the appliance is not in use, or before cleaning.
- Do not use while near water or in wet/ damp environments.
- If the cable is damaged, it must be replaced by a qualified repairer.
- Before using ensure that the adaptors and the product are compatible with the power supply.
- The appliance is not intended for use by young children unless adequately supervised.
- The adaptor must be removed from the power socket before cleaning, servicing, and maintenance or before moving the appliance.
- Do not insert any objects into the massager as this may cause damage to the internal workings.
- Please ensure that the power cable is kept free from knots and kinks.
- The unit has no user-serviceable parts contained within. Do not attempt to repair, disassemble or modify the appliance.

## Cleaning and Maintenance:

- Unplug the unit and allow it to cool before cleaning. Clean only with a soft, slightly damp sponge. Never allow the unit to become wet.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, petrol, kerosene, glass/ furniture polish or paint thinner for cleaning of this product as these chemicals may damage the material.

## DISPOSAL

- Dispose of all packaging, paper, cartons, plastic and plastic bags in accordance with your local recycling regulations.
- At the end of the product's lifespan please dispose of it at an authorised household WEEE waste recycling centre.

